

## **Newsome breaks school hammer throw record, Ameling makes Top 10**

### **By Kevin Gordon**

LUCKEY — Eastwood senior Olivia Newsome broke her school record in the hammer throw Sunday during the Eagles' throwers invitational.

Newsome threw 127-9 to finish third in the event and better her mark of 127-0 set April 21 at the Eastwood Relays. The record entering the season was 126-1, set by Ava Kiefer in 2021.

Eagle freshman Kennedy Ameling also made the Eastwood Top 10 in the hammer. She threw 76-9 for 10<sup>th</sup> place on the all-time list and finished sixth in the event.

Newsome won the discus, throwing 131-11, and finished third in the shot put with a distance of 33-5½.

In the boys meet, Eastwood junior Braden Bowdle finished second in the discus with a throw of 130-1.

Junior Ian Sibbersen threw 43-7½ for third place in the shot, while Bowdle threw 84-6 for sixth place in the hammer.

### **EASTWOOD THROWERS INVITATIONAL RESULTS**

[https://www.baumspage.com/track/eastwood/throwers/2023/Results%20\(ht ml\).htm](https://www.baumspage.com/track/eastwood/throwers/2023/Results%20(ht ml).htm)