

Kiefer, Sabo extend indoor records

By Kevin Gordon

FINDLAY — Ava Kiefer and Julia Sabo both extended their Eastwood High School indoor track and field records Saturday.

Kiefer's record came in the shot put and Sabo's record came in the pole vault during the team's first indoor meet of the season at the University of Findlay.

Kiefer threw 36-6 in the shot to increase her record set last season by two inches. Sabo cleared 10-0 in the pole vault, bettering her record of 9-8 set in 2020. Kiefer, a senior, and Sabo, a junior, both finished third in their event.

Kiefer also finished second in the weight throw, indoor track's version of the hammer throw, with a distance of 41-6. Junior Olivia Newsome was fourth in the weight throw at 38-8 and eighth in the shot with a throw of 30-4.

Other Eastwood girls to finish in the top 10 were:

- 4x200 relay: third, team of Sabo, senior Maisy Stevenson, junior Emma Downs and senior Mikayla Hoelter, 1:56.31.
- 1,600: fifth, sophomore Haley Sponaugle, 5:54.22; sixth, sophomore Avery Bowman, 5:55.82; eighth, freshman Leah Emch, 6:01.75; and 10th, sophomore Z Ramsey, 6:11.11.
- 400: junior Kayden Firsdon, sixth, 1:12.46.
- Long jump: third, Downs, 15-7; and seventh, Hoelter, 14-1¾.
- High jump: second, Stevenson, 4-8; and third, Hoelter, 4-6.

Additional girls' results were:

- 1600: sophomore Maggie Ramsey, 6:40.66
- 60 m: Firsdon, 9.23
- Shot put: sophomore Izzy Romero, 16-9
- Weight throw: Romero, 18-8

In the boys meet, finishing in the top 10 for Eastwood were:

- 4x200 relay: third, sophomore Kaiden Sanchez, junior Bryce Koprowski-Kistner, and freshmen Jesse Poiry and Hayden Hoelter, 1:44.07.
- Shot put: ninth, senior Nate Heskett, 43-1½.
- Weight throw: sixth, Heskett, 42-5.
- Long jump: fifth, Koprowski-Kistner, 17-8.
- Pole vault: sixth, junior Dalton Hesselbart, 12-6.

Additional boys' results:

- 60 m: Sanchez, 7.79, junior Wes Johnson, 8.05, Poiry, 8.43
- 400 m: Poiry, 1:01.04
- Pole vault: Hoelter, 9-0, Johnson, 8-0
- Shot put: senior Jacob Stonerook, 28-9.5

Complete results of the meet are available at: <https://oh.milesplit.com/meets/451263-univ-of-findlay-daves-running-high-school-series-2-2022/results#.YeNiFGBOnf1>