

## Kiefer wins twice in Eastwood Throwers Invitational



Olivia Newsome

### By Kevin Gordon

Ava Kiefer won the shot put and the discus Sunday during the Eastwood Throwers Invitational.

The Eagle senior threw 38-6½ to win the shot and 123-6 to win the discus.

Junior teammate Olivia Newsome was second in both, throwing 34-10 in the shot and 117-5 in the discus. Newsome also finished fifth in the hammer throw with a distance of 115-2. The throw moved her from fourth place to third place on the school's all-time Top 10 list.

In the boys meet, Eastwood senior Nate Heskett was second in the shot and the hammer. He threw 45-0 in the shot and 128-5 in the hammer. Eagle sophomore Ian Sibberson was third in the shot with a distance of 37-10¼.

No team scores were kept.

### Eastwood Throwers Invitational results

<https://www.baumspage.com/track/eastwood/throwers/2022/Results.htm>

### Eastwood Junior Varsity Invitational information

<https://www.baumspage.com/track/trevent.php?peventid=538&table=C>