

Girls perform well, boys throwers 4x100 victorious at Whitmer



School Record Triple Jump Relay: Kyrie Henline, Bella Provo, and Mallory Sandberg

By Kevin Gordon

TOLEDO — Eastwood High School's girls track and field team performed well Thursday night. The Eagles won six events, had three Top 10 performances and broke a school record on the way to a fifth-place finish in the 53rd annual Gold W Invitational at Whitmer High School.

Eastwood scored 90 points to finish only two behind fourth-place Springfield in the eight-team meet. Whitmer won with 124, while Notre Dame was second with 110, and Tiffin Columbian was third with 103.

The Eagles won three distance events and three field events.

Eastwood junior Haley Sponaugle won the 1,600 in 5:31.24, the eighth-fastest time in school history.

The distance medley (800-200-400-1,600) team of senior Kayden Firsdon, juniors Saylor King and Amelia Ward, and sophomore Leah Emch won in 9:56.92.

The 4x800 team of Firsdon, Sponaugle, Ward

and junior Z Ramsey won in 10:30.21

The field events were scored as relays. Each school entered up to three athletes per event, with the combined distance/height being used to determine the order of finish.

The pole vault team of senior Julia Sabo, sophomore Kyrie Henline and junior Joelle Jared won with a combined height of 24-6. Sabo cleared 10-6, while Henline cleared 8-0, and Jared cleared 6-0.

The shot put team of senior Olivia Newsome, sophomore Mylie Frantz, and senior Mariah Hahn won with a distance of 92-3. Newsome threw 34-7, while Frantz threw 29-3 and Hahn threw 28-5.

The discus team of Newsome, senior Jaymie Johnson and Frantz won with a distance of 286-11. Newsome threw 122-3, while Johnson threw 83-7, and Frantz threw 81-1.

Newsome had the top individual throw in the shot and the discus.

"Our field events and our distance runners had a big night," Eastwood head coach Nikki Sabo said. "Our sprinters, as far as some of the relay times, were definitely faster than what they were Tuesday.



Photo Credit: Sponaugle Family - Haley Sponaugle

“For this being our first big meet, they did a really good,” Sabo added. “We had some adversity throughout the meet that we had to adjust to, and they did a really nice job of that. We had some athletes step up and do some events they haven’t done or didn’t think they’d be doing. Some really good things happened tonight.”

The triple jump team of Henline, and sophomores Mallory Sandberg and Bella Provo set the school record of 87-4½ to finish second. The distance beat the record of 86-1½ set last year by Provo, Sandberg and Megan Graham.

Henline jumped 30-3 to move into seventh-place on Eastwood’s all-time list, and Sandberg jumped 29-3½ to move into 10th place. Provo jumped 27-10.

“The good competition at this meet lets the girls know they can compete at that level,” Sabo said. “When they get to meets like the conference meet, and especially districts and regionals, it’s not new. Some people are going to be better than us, but we can still score a lot of points.”



Jordan Kieper - Throwers 4x100

BOYS RECAP

The boys won one event and scored 62 points to finish seventh. Whitmer won with 145, while St. Francis was second with 111, and Northview was third with 99.

Eastwood won the throwers 4x100 relay where the team of juniors Braden Bowdle, Ian Sibberson and Jordan Kieper, and sophomore Ethan Recker won in 52.83. Sixty percent of the Eagles who competed in the meet were freshmen and sophomores, and some of the juniors were competing in a big Invitational for the first time.

Eastwood also was the smallest school in the meet, based on enrollment

“Our youth showed,” Eagle head coach Brian Sabo said. “All I asked of them was to pour out effort, and they did that.

“We had a lot of people who slightly PRd or were very consistent at what they had been doing,”

Sabo added. “I’ll take that. We’ll get better. We’ll fix the things that need to be fixed. We’re a really young team with great leadership, and we’re going to continue to get better.”

The Eagles’ triple jump and discus relay teams finished second.

The triple jump team of junior Dayquan Oliver, senior Dalton Hesselbart and freshman Hunter Wilson had a distance of 108-3¼. Oliver jumped 38-11 (which is 6th on the top ten list), while Hesselbart jumped 36-9, and Wilson jumped 32-7¼.



Photo Credit: Dani DeFalco - Dayquan Oliver



Ian Sibbersen & Ethan Recker

The discus team of Bowdle, Sibbersen and junior Elden Slack had a distance of 345-10. Bowdle threw 128-10, while Sibbersen threw 111-1, and Slack threw 105-11.

Junior Kaiden Sanchez, and the Eagles' shot put and pole vault relay teams all finished third.

Sanchez was third in the 100 in 11.79.

The shot put team of Sibbersen, junior Collin Clarke and Bowdle had a distance of 42-0. Sibbersen threw 42-0, while Clarke threw 39-3, and Bowdle threw 38-9.

The pole vault team of Hesselbart, sophomore Hayden Hoelter and freshman Cullen Shank had a combined height of 31-6. Hesselbart cleared 12-0, while Hoelter cleared 10-6, and Shank cleared 9-0. Hesselbart's height was the best individual vault.

NEXT

The Eagles visit Woodmore Tuesday for a Northern Buckeye Conference tri-meet against the Wildcats and Elmwood. Eastwood then competes in the Napoleon Invitational April 15.

WHITMER INVITATIONAL RESULTS

<https://www.baumspage.com/track/trevent.php?peventid=709&table=C>